

# LEADERSHIP AND PERSONAL DEVELOPMENT ACADEMY ROASTER

Month	Theme	Week	Topic	Coach
December	Introduction to the Academy	Week 1	Welcome party	Coach Ogo / Christine
		Week 2	Life Goal setting master class	Coach Christine
		Week 3	Vision Board	Coach Christine
		Week 4	Break	
January	Self-Awareness	Week 1	Break	Coach Nene/Ogo
		Week 2	Review of Goals and introduction to self-awareness.	Coach Ogo
		Week3	Strengths & weaknesses Gifts and talents	Coach Ogo
		Week 4	Self-mastery: Values, belief system and habits.	Coach Nene
February	Self Esteem and Confidence.  Master Class for Girls	Week 1	Building a healthy Self esteem	Coach Esther/ Christine
		Week 2	What is Self-esteem, self-confidence and self-Discovery	Coach Christine
		Week 3	Nurturing Self Love and acceptance	Coach Christine

	Masterclass for boys:	Week 4	Building social skills and meaningful behaviors.	Coach Victor
March	Emotional Intelligence	Week 1	Building Resilience and assertiveness	Coach Catherine/ Coach Ijay
		Week 2	Stepping into confidence	
		Week 3	Emotions, what is emotional intelligence, self-control and Self-motivation	
		Week 4	Empathy, social skills, personality type awareness	
April	Foundations of Success	Week 1	Law of Compatibility Law of Attraction Law of Concentration	Coach Nene /Gbemisola
		Week 2	Law of cause and Effect Law of Responsibility Law of Belief	
		Week 3	Law of Service Law of Correspondence Law of Expectations	

		Week 4	Law of Giving Law of Words Law of Love	
May	Leadership Essentials	Week 1	What is Leadership? Team building Communication	Coach Gbemisola/Esther
		Week 2	Motivation	

			Conflict Resolution	
		Week 3	Time Management Strategic Planning	
		Week 4	Adaptability Vision	
June	Financial Literacy	Week 1	Why Financial Education Money Financial Freedom	Coach Ijay/Catherine
		Week 2	Budgeting and passive income	
		Week 3	Saving Vs Savings Dept (Good & Bad Dept)	
		Week 4	Insurance, Investment and Mindset	
July:	Entrepreneurship	Week 1	Why Entrepreneurship What is Entrepreneurship? Market Research	Guest /Victor
		Week 2	Business Plan Marketing and sales	
		Week 3	Financial Management Innovation	
		Week 4	Networking How to pitch	

			Your business	
August:	Break	Week 4		
September:	Academic Goal Setting Master class SDG Goals	week1	Goal 1-4	Coach Ijeoma/ Nene
		Week 2	Goal 5-9	
		Week 3	Goal 10 to 13	
		Week 4	Goal14 to 17	
October:	PDAC Ambassadors training/ Recap and induction of new Ambassadors	Week 1	Personal Awareness and Development Personal values, belief systems and success habits	Coach Catherine/Oluwa damilola / Christine
		Week 2	Public speaking, goal setting, vision board and	
		Week 3	leadership development and Academic Excellence	
		Week 4	Self Confidence and Esteem Emotional Intelligence	
2nd November		Week 1	Closing Ceremony and Induction of New Ambassadors	Coach Ogo/Victor